

Residents and friends of *St Kilda Community Housing*

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The Dining Hall & Women's House

Sacred Heart Mission's Dining Hall in St Kilda provides free nutritious community meals every day of the year. Everyone is welcome to drop in for a meal and to talk with the trained support workers that are always present and ready to listen.

Location: 87 Grey Street, St Kilda

Opening hours: Monday to Friday, 8:30am-10:30am for breakfast and 11:30am-1:00pm for lunch. On weekends and public holidays, breakfast service starts at 9:00am.

The Women's House in St Kilda is a safe and supportive space for all Women (Cis and Trans) who are experiencing homelessness or disadvantage. The service offers a free breakfast, basic material aid, social groups and short-term housing assistance and support.

Location: 10 Inkerman Street, St Kilda

Opening hours: Monday to Friday,
8.30am-12pm



Have you applied for rental assistance with Centrelink?

All rooming house residents receiving payments from Centrelink are eligible to apply for Rent Assistance, which is a non-taxable supplement payment, and you may be able to receive 75 cents for each dollar.

Get in touch with Centrelink directly to apply, or you can visit Access Health at **29 Grey St, St Kilda** every Tuesday at 12:00pm sharp for assistance.



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Newsletter December 2022

A few words from our CEO

Hello all

You will notice that our December Newsletter has arrived late and is actually a Happy New Year Newsletter! Apologies.

Whether you appreciated one of the various faith-based celebrations that abound towards the end of December each year, enjoyed the annual holiday period with friends, or just had a quiet one, myself and all the staff at St Kilda Community Housing Wish you all a safe, prosperous and enjoyable 2023.

John Hedley, our elder statesman in the housing team, reckoned our SCH End of Year Resident's Party was the best he'd been to, and I have to agree.

2022 was a challenge to many people, and as we roll into 2023 we continue to cope with various viruses and illnesses, including COVID, challenging cost of living pressures, and global unrest.

I want to let you all know how much we have appreciated the support, camaraderie and friendship that we have received from you all in the last year. The staff have noted that despite the many challenges that we all face, the mood around our properties has in the main remained really positive. Thank You.

Don't forget to let your Housing Manager know if you have any feedback, or ideas to improve the housing and services that we offer. We aim to improve each year.

Cheers
Andrew

Vale Graeme Corness

We are sad to inform you of the passing of one of our residents, Graeme Corness. He was a liked and respected resident of STKCH and was employed in our maintenance team where he cleaned several properties on a weekly basis for at least 10 years.

Graeme was a go to person at the property where he lived and took great pride in tending to the front garden at Burnett Street. He was a resident with us for 32 years, and he takes the record as the longest housed resident with STKCH.

He will be sadly missed by his friends, housemates, and the staff at St Kilda Community Housing.



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Get social with more social meals!

You know what they say:
"People who love to eat are always the best people!"

We are excited to share that we have partnered with Community Bank Windsor and have received a \$5500 grant to have **additional** social meals for our residents!

Sharing meals brings people together. It creates connection, allows space to talk about how you are going and the opportunity to share something important. Social Meals are a great way to get to know your neighbours, your housing manager and have a delicious cooked meal.

Neighbours who know each other can support each other, and they are much less likely to feel isolated and alone. Stay tuned to find out more about where and when these social meals will be happening. We won't be having any meals in December but with Summer approaching (we hope), the program will be in full swing soon! :)



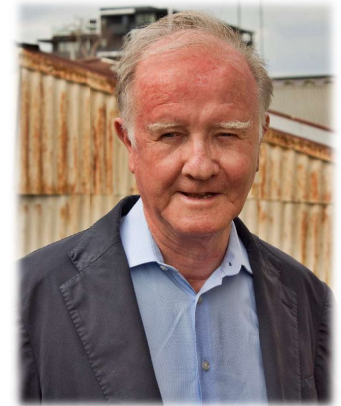
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Remembering Paul

We are sad to inform you all of sad passing of Paul, our long time standing Chair and more recently, our Treasurer. Many of you have known Paul for a long time as he was our Chair for over 20 years. It has been very difficult to process this information and I'm sure it is for many of you too.

Paul always gave so much to our organisation and the community and his passing has left a very big gap in the SCH family! He always advocated for affordable local housing for those who needed it the most.

On behalf of all of us, we extend our deepest sympathy and sorrow to Paul's family, and are so grateful for his tireless contributions.



Easy & Delicious Spaghetti Carbonara

Ingredients

- 1 packet of spaghetti
- 2 large eggs
- ½ cup Parmesan
- 4 slices bacon
- 4 cloves garlic, minced
- Salt and pepper, to taste

Steps

1. In a large pot of boiling salted water, cook pasta according to packet instructions; keep aside 1/2 cup water and drain well.
2. In a small bowl, whisk together eggs and Parmesan; keep aside.
3. Heat a large pan over medium high heat. Add bacon and cook until brown and crispy, about 6-8 minutes.
4. Stir in garlic until fragrant, about 1 minute. Reduce heat to low.
5. Working quickly, stir in pasta and egg mixture, and gently toss to combine; season with salt and pepper, to taste. Add reserved pasta water, one tablespoon at a time, until it as consistent as you want it to be.
6. Serve immediately :)

Recipe on:
damndelicious.net

